FSA Spring 2015 Curriculum Week 6
Category: Technical: Dribbling and RWB
Difficulty: Beginner

## Description

## Simon Says 6a ( 10 mins )

Players: 3-8Grid: $10 \times 10$ or $12 \times 12$ Set up: - Same as $2 b$


## Simon Says 6b

Players: 2-8Grid: $12 \times 12$ or biggerSet Up: - Players from each team are on opposite sides of each other - 2 different color goals are set up on either side. the goals should be 2-3 yards wide.

- Players start in the middle at each end. Coach yells a color of a goal, the players must run through that color goal then receive a pass from a coach. The players then go 1 v 1 against each other trying to score on either goal opposite of them. Variations: Players must go through both goals before receiving a pass. Players may only score on the color goal that was called by the coach. Point should alway be awarded so as to make it a competition between players and teams.


